**H**as a cognitive disability

**E**xtra assistance required

**L**ives with 24-hour support

**P**rovide care in ALL ADLs

**Support Strategies**

Surname: Davies

Given name: Charles

Date of Birth: 27/06/1947

**(Affix patient label here)**





Sex: M

(02)xxxxxxxx

**Telephone: : Emergency Contact: Telephone:**

 Staff – xxx Street

**Emergency Contact: e: Emergency Contact: Telephone:**

**Date: : Emergency Contact: Telephone:**

03/9/2016

Brian & Victor

**Compiled by: : Emergency Contact: Telephone:**

|  |  |
| --- | --- |
| 1 | ***Fear of medical procedures:*** Charles is a highly anxious person and this becomes more elevated in the hospital setting. Due to his anxiety about his health, it would be advisable to provide him with only the necessary information about medical procedures to minimise his fears about his medical conditions. He needs constant reassurance, and do not talk about the negative implications of the test being done. During times of high anxiety sedation may be required to calm him down. He can consent to this himself and he understands that this will help to him feel more relaxed. |
| 2 | ***Communication:*** Charles is able to speak and can discuss is medical needs. Due to his anxiety he can become easily upset, repetitive, loud, verbally, and PHYSICALLY abusive towards others. Speak to Charles in a calm voice, and explain to him that you are there to assist him. You may need to tell Charles you are giving him time to “cool off” and remove yourself from the area. Charles has a slight speech impediment so have patience with him when he talks. He knows his home phone number and can use a phone to make contact with group home staff. Charles can write and sign his name. |
| 3 | ***Mobility:*** Charles can walk independently however he walks slowly due to Lymphedema in his legs. He wears custom made shoes and support stockings. He is capable of moving around the ward and hospital independently; however, he may need to be advised on areas he should not access. |
| **4** | ***Personal Care:*** Charles is independent with all personal care; he may however choose not to shower. When he does have one he may spend hours in the bathroom. Charles is very private person and doesn’t want anyone to see him having a shower; this is something that causes him high levels of anxiety. He has Obsessive Compulsive Disorder and wants his place to be clean, as a result he can spend a long time washing his hands. Due to his Obsessive behaviour it is advisable that he has a private room as he may become abusive towards other patients who need to access the bathroom. |
| **5** | ***Important to Charles*** He highly values access to a TV for the ABC News and weather report. It is essential that others do not to touch his belongings without permission, and people always knock before entering his room. He would enjoy access to a telephone occasionally to speak to his staff or cousin Alistair. |

SESLHD would like to acknowledge Carer Support Unit, Central Coast LHD for developing the TOP 5 tools resources and processes.